

## EMERGENCY CARD

*The emergency card is a personal and nominative card containing the main health information related to the patient's rare disease.*

**Consult the PNDS :**  
(French Diagnostic and Care Guidelines)



It is specific to a given rare disease and allows for appropriate management and treatment to be provided during emergency care. Patients should keep their emergency card with them at all times to ensure that anyone providing care for them has all the information and recommendations required for an emergency situation.

This card has been filled in by the doctor responsible for the patient's care and follow-up.

We offer you this English translation of your emergency card to take with you and use when traveling abroad.

## HYPOPARATHYROIDISM

***Risk of severe hypocalcemia in case of treatment discontinuation***

***Risk of severe hypercalcemia in case of excessive treatment***

### **CLASSIC ELEMENTS OF THE DISORDER**

Hypocalcemia due to a deficient secretion of parathyroid hormone (PTH).

The maintenance of calcium levels is only possible with daily treatment.

### **DIFFERENT THERAPEUTIC OPTIONS, SOMETIMES IN COMBINATION:**

- Calcium carbonate or citrate
- Magnesium
- Active vitamin D metabolites (alfacalcidol or calcitriol)
- Teriparatide: PTH (1-34)

### **IF UNABLE TO TAKE THE USUAL TREATMENT**

(Fasting, general anesthesia, digestive disorders, loss of consciousness)

- Urgently measure serum calcium, magnesium, and creatinine levels
- Infuse magnesium to normalize serum magnesium levels
- Infuse calcium to achieve serum calcium levels within the low-normal range

### **IN CASE OF CLINICAL SIGNS OF ACUTE HYPOCALCEMIA**

(Tetany, seizures...)

- Administer IV calcium without waiting for the serum calcium test results